



**Shoreham Academy Sixth Form**

The best in everyone™

Part of United Learning



# SHOREHAM SIXTH FORM

## YEAR 12 PARENT INFORMATION

### STARTING SOON





Expectations  
& successful  
mindset



Working  
together



Essentials



Organisation  
& Time  
management



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**“Aspirational, hard-working students  
with excellent achievement”**

**INTEGRITY**



**HARD WORK** ✓

**EXCELLENCE** ★

# HARD WORK ✓

What we see



What we don't see

		EFFORT	DESIRE	PASSION	FOCUS			
	DOUBT	PAIN	TRAINING	FAILURE	HARD WORK	BLOOD, SWEAT & TEARS		
	GOALS	ELATION	INJURY	EARLY MORNINGS	LATE NIGHTS	IMPROVEMENT		
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## THE ICEBERG ILLUSION



A silhouette of a person in mid-air, jumping from a cliff on the left to a cliff on the right. The background is a bright blue sky with scattered white clouds and a large, bright sun with a starburst effect. The sun is positioned to the right of the person, casting a glow.

**LEVEL  
2  
GCSE  
SCHOOL**

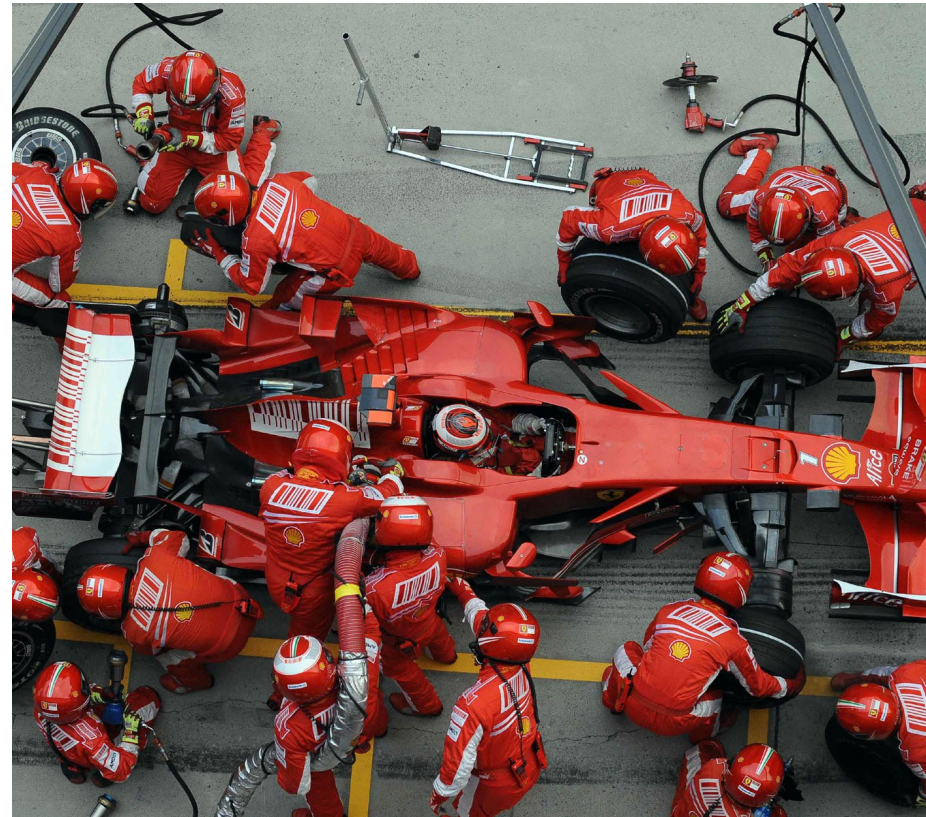
**LEVEL  
3  
A LEVEL  
SIXTH FORM**



CAUTION  
Please do not lean over the railing  
or touch the tracks.

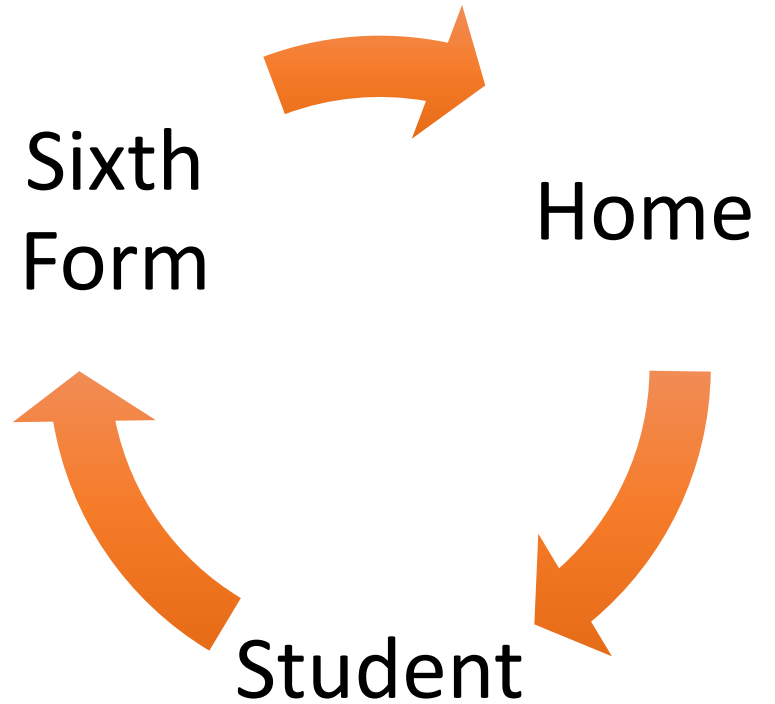
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# Students need a support team





## Our 3-legged stool



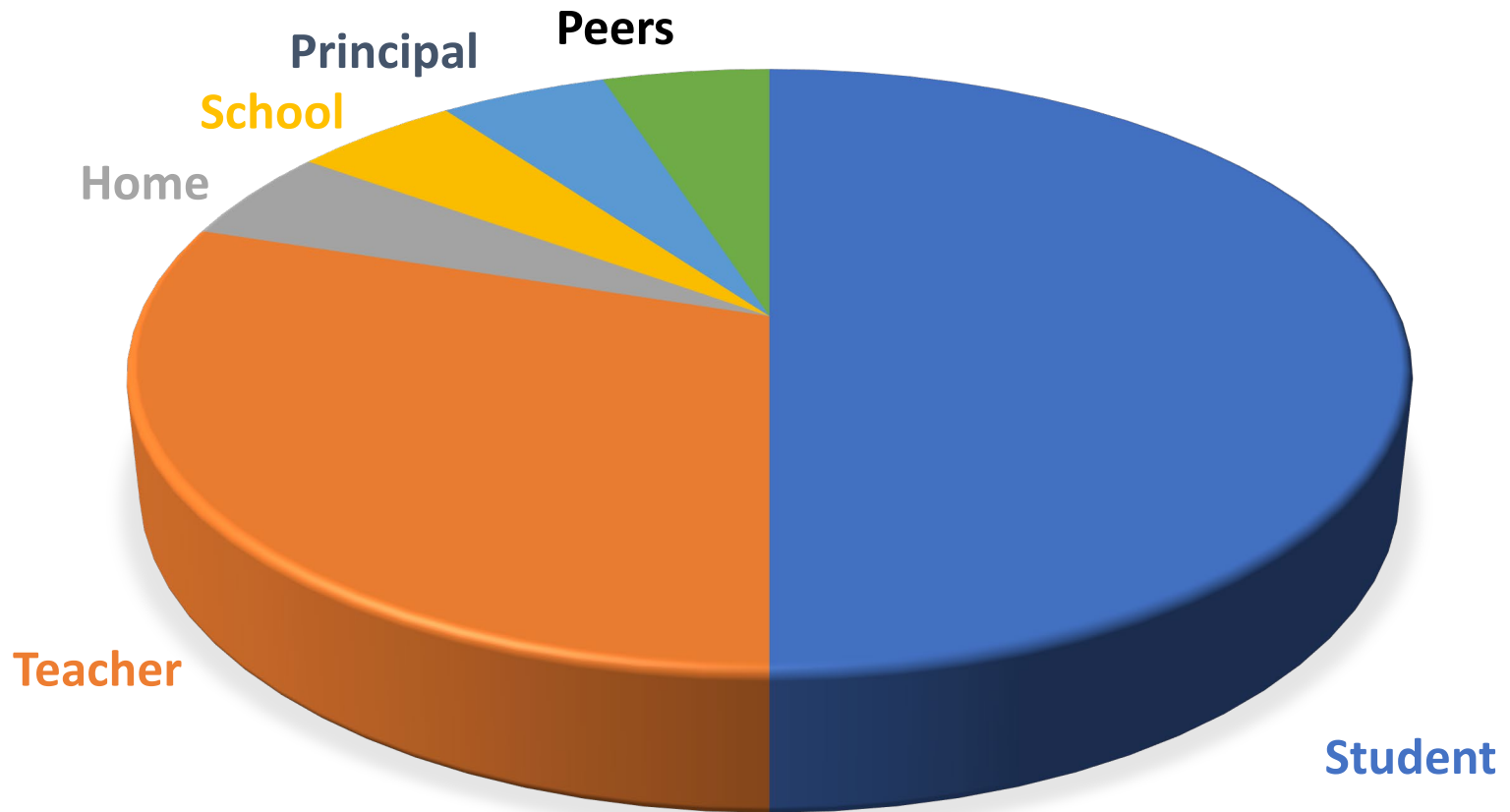


# Working together: Why is this important?

- Success is a real team effort
- It is essential that parents, student and teachers work together to support the sixth form student's academic and long-term success
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# ACHIEVEMENT VARIANCE



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## **Vision:**

- How well do they know what they want to achieve?



## **Effort:**

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## **Systems:**

- How do students organise their learning and time?



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- What kind of techniques do students use to improve their study skills?



## **Attitude:**

- How do students respond to setbacks?





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Essentials

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But now they are expected to complete **proactive** work. This is work that they do, even if it's not set.



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Eliminate  
distractions



# Work hard

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- Keep to homework and coursework deadlines; if these slip, students get in real trouble.
- Students should **reach out** to their teachers if they are feeling overwhelmed.
- Complete **past papers** regularly. Use the self-quizzing books. Complete the topics you find most challenging.

### SIXTH FORM FILE CHECK



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<b>STUDENT TARGETS</b>	<b>Met?</b>		<b>COMMENT</b>





Good attendance has never been more important.



Students might have gaps in your knowledge.



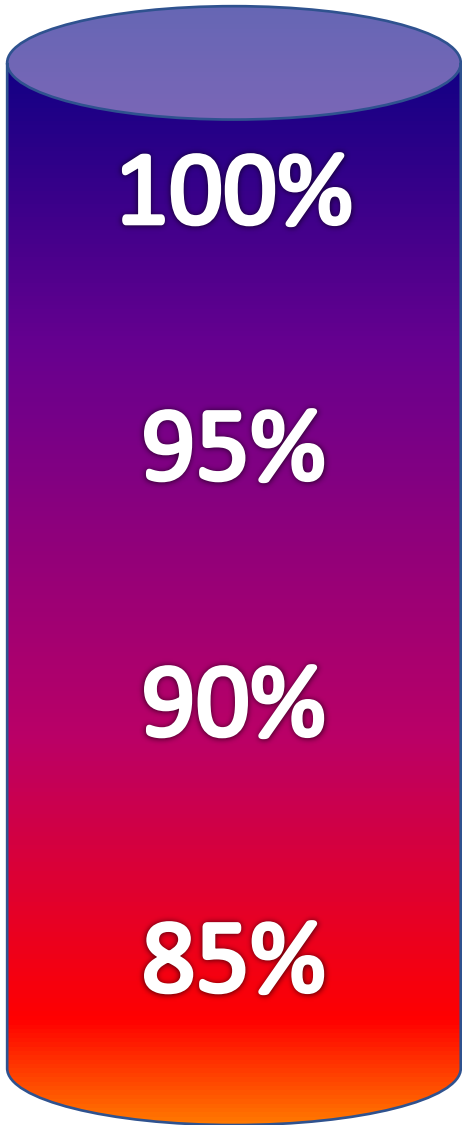
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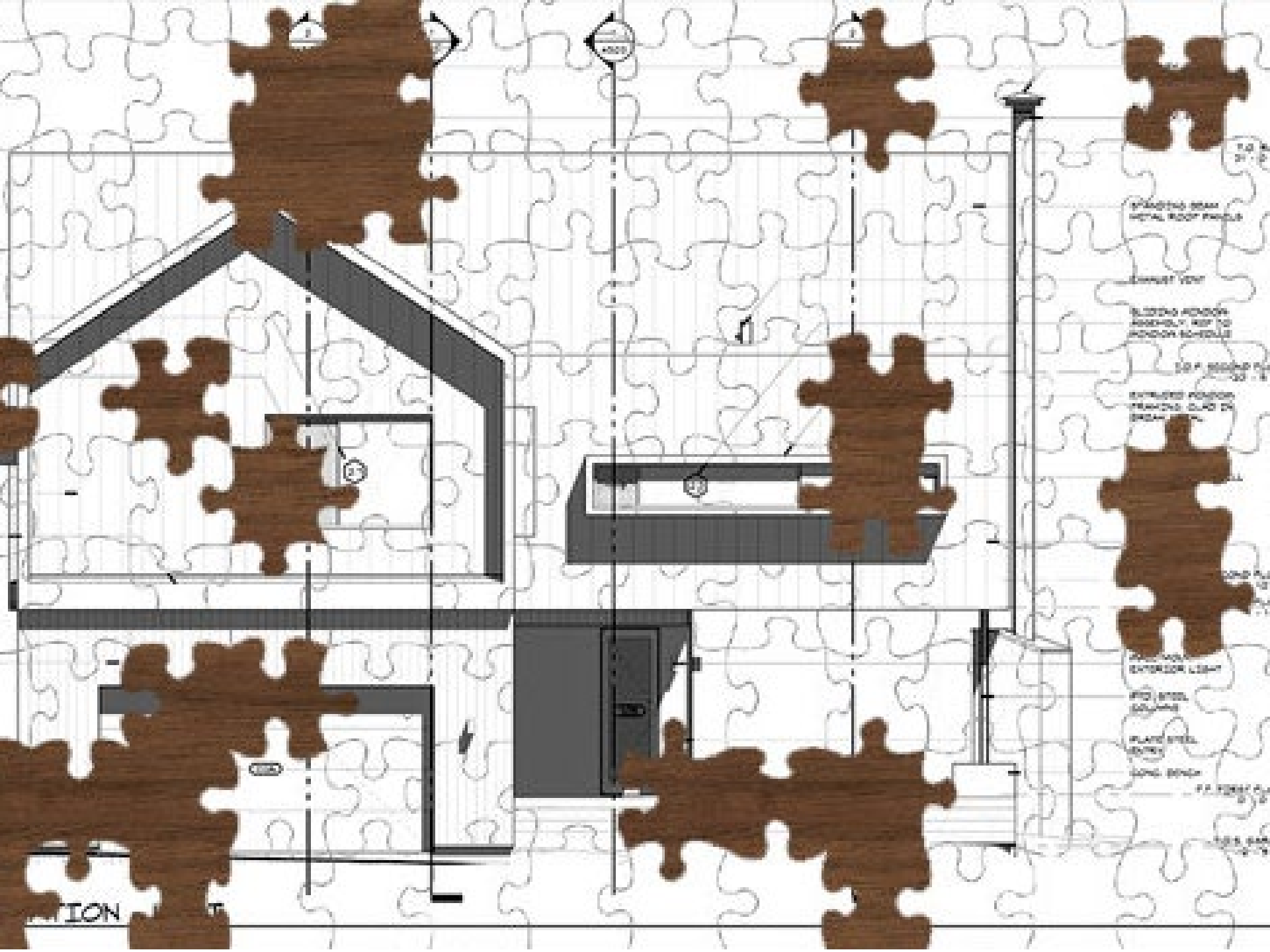


If students are unwell then please phone Kaye at the start of the day. If you have a medical appointment you need to tell Kaye in advance.

# Attendance

"Half of success is turning up"





STANDING BEAM  
METAL ROOF PANELS

EXHIBIT VIEW

GLAZING WINDOW  
ASSEMBLY REF TO  
WINDOW SCHEDULE

20" P. INSULATED PC

EXTERIOR WINDOW  
FRAMING CLAD IN  
BRICK 12" THK

COND. PC

EXTERIOR  
EXTERIOR LIGHT

W/10" STEEL  
COLUMNS

W/10" STEEL  
BEAMS

COND. BRICK

4" FIBER GLASS

W/10" STEEL

W/10" STEEL

SECTION

# Monitoring stress levels

Monitoring your stress Levels

UNDER-  
STRESS

HEALTHY STRESS

OVER-  
STRESS

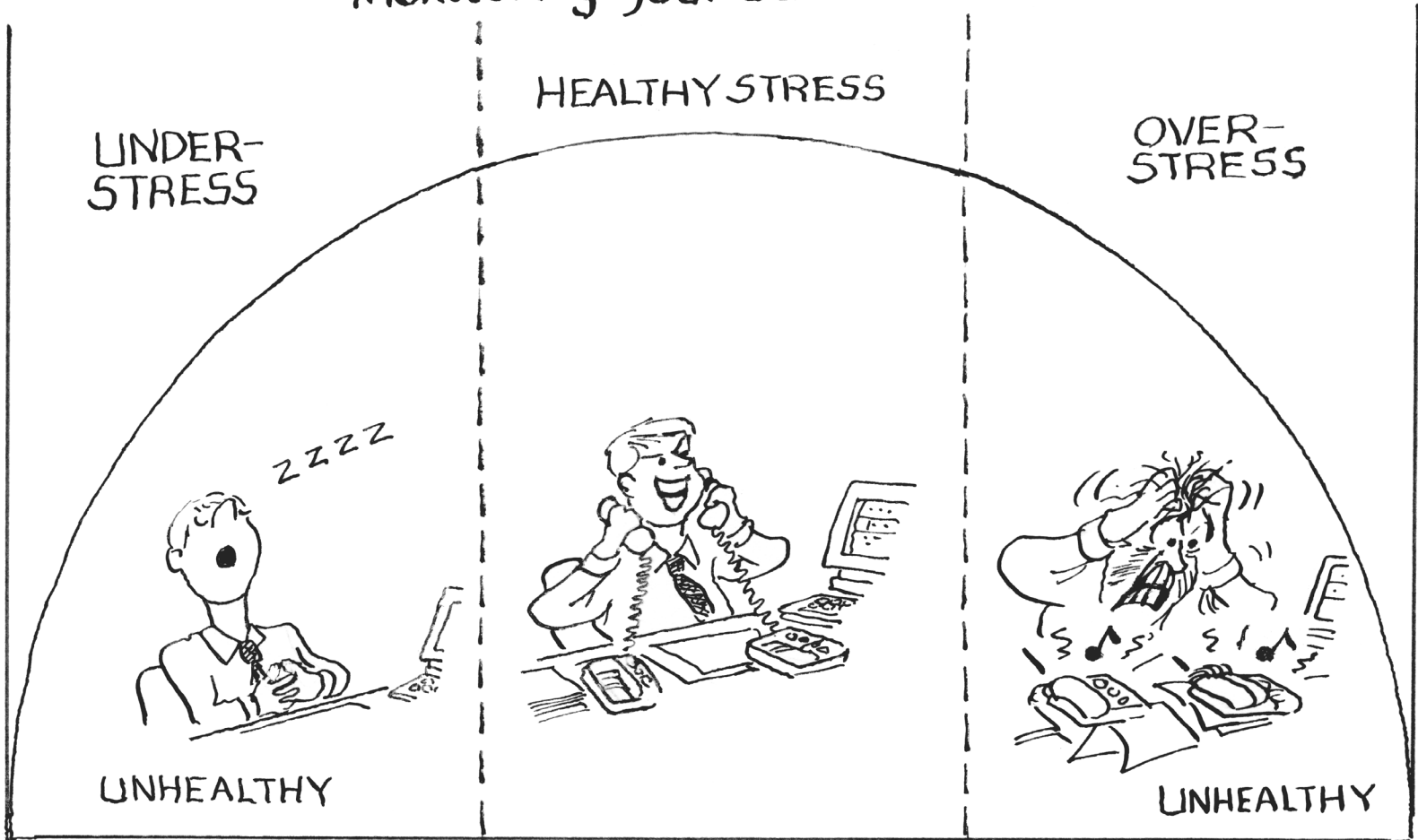
ZZZZ

UNHEALTHY

UNHEALTHY

LEVEL OF STRESS

PERFORMANCE



# Here to help

*In addition to the mentors*

**Pastoral**

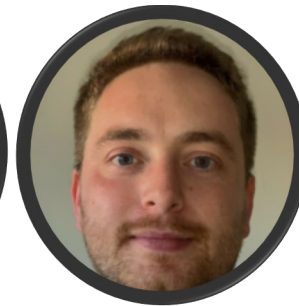
**Attendance**

**Careers**

**UCAS**

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**Academic  
Project**



**Sharon  
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Organisation  
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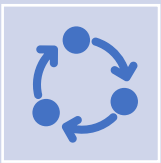
When students get their timetable it will look very different to a timetable in year 11.



The gaps in their timetable are to give flexibility. Students need to be in control of how they use this time.



Students need to complete 12 hours weekly of independent study. This is a minimum and they might need to do a lot more. A\* students complete 25 to 30 per week.



These hours won't happen automatically, they need to make their routine and then stick to it.

# Developing and sticking to successful habits and routines

Sixth Form Independent Study Plan: Name: \_\_\_\_\_ MEG \_\_\_\_\_



## Success Plan 1

You can use this as a fixed plan or plan it each week, ensure that nothing is missed. You need to be **fully focused**, minimal distractions. No phones

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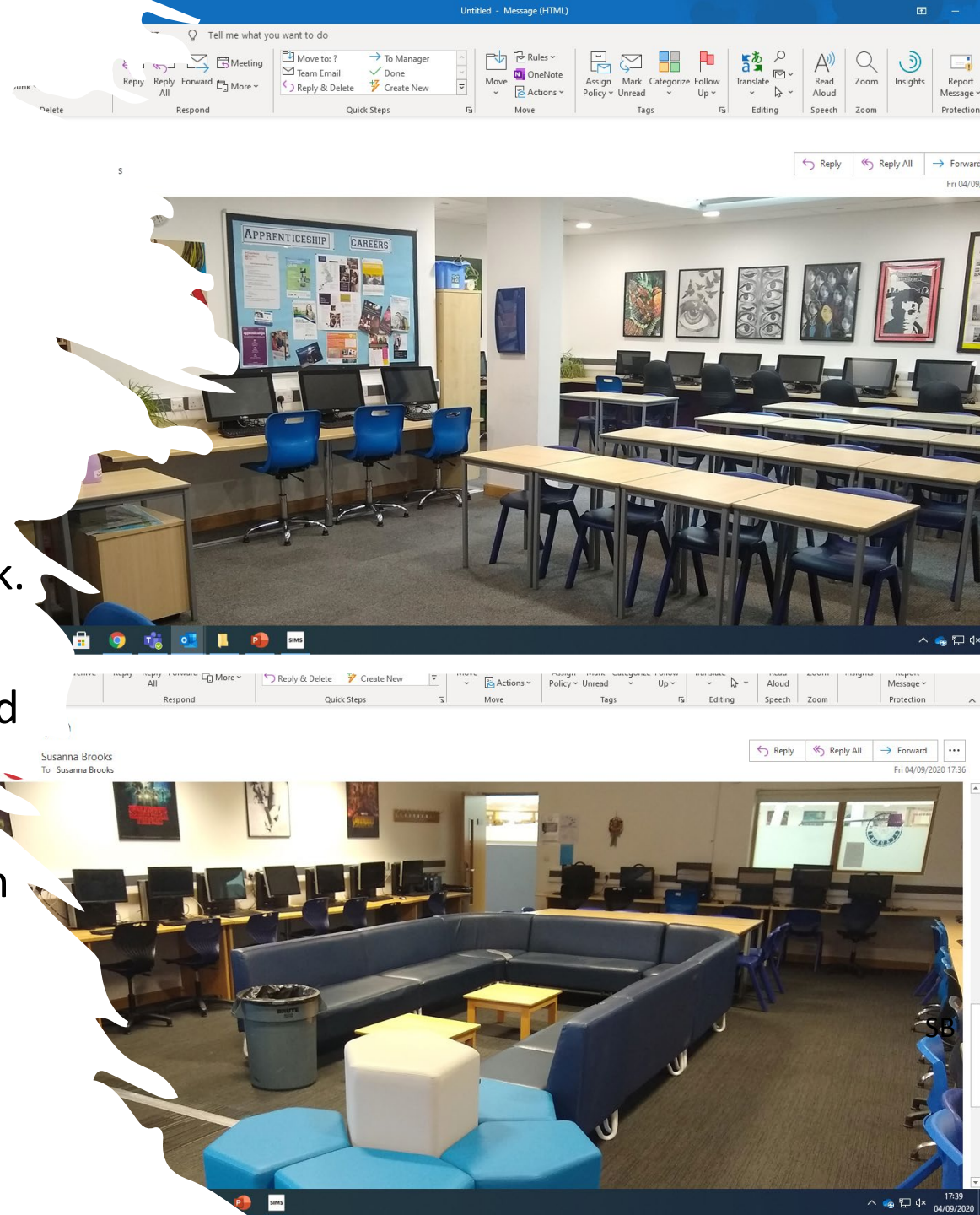


# College Day structure

8.30 – 9	Mentor time
9 – 10	P2
10 – 11	P3
11 – 11.20	Break
11.20-12.20	P4
12.20-1.20	P5
1.20 -2	Lunch
2 – 3	P6
3 – 4	P7
4 – 6	Silent Study

# Work in college:

- As a sixth former students have additional spaces.
- The library is for silent work.
- There will be extra laptops.
- These rooms are supervised to ensure you can study effectively.
- Use the growing Sixth Form Library of books!
- **We are open until late for study**

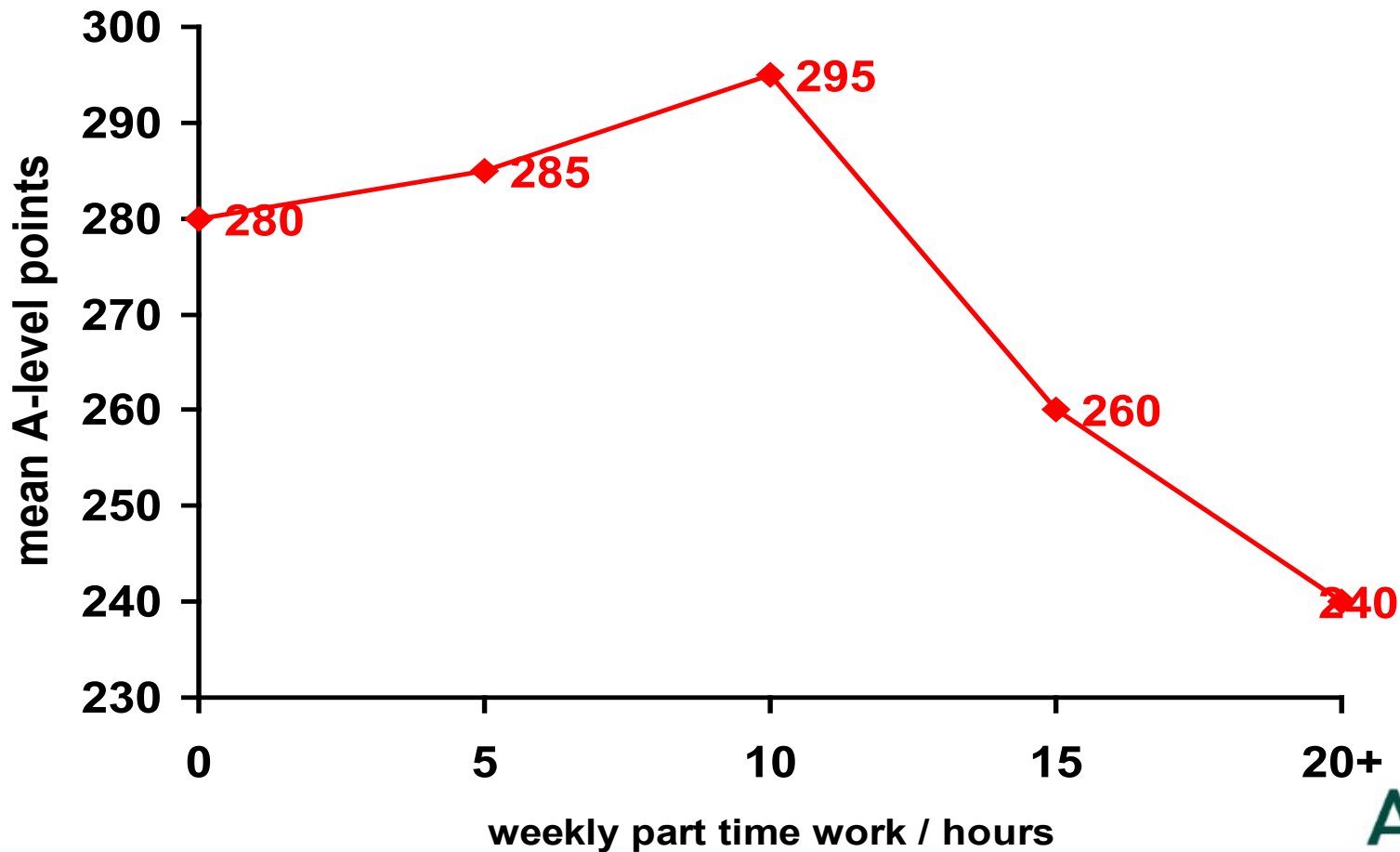


## Year 12 Mentor Time:

Monday	Mentor sessions in mentor classrooms. Focussing on teambuilding, oracy, careers, and support.
Tuesday	All year group briefing
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# Part time work: Delayed Gratification...

## Part time work and A-level success





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Future  
Focused

# Key Dates



- **Year 12**
- Baseline Assessments – 23rd September in class
- 30<sup>th</sup> September - Destination Workshops – Mentor time students will complete work on destinations and support for careers.
- Baseline report - mid October
- Sixth Form Open Evening – 7<sup>th</sup> November

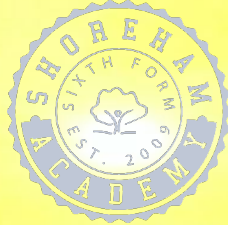
Later in the year:

Parents evening in the Spring

End of year assessments in July

Post – 18 Destinations Information Evening

Let's work together to support your child to  
work hard, in the right way to achieve the  
successful futures they deserve



Thank you



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[www.shoreham.academy](http://www.shoreham.academy)

**Any questions?**





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	PARING	ATTITUDE						
	TEAM							
								VISI

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GUTS	SUPPORT	REST	MOTIVATION	STRATEGY	TEAR		
DIET	HOPE	SLEEP	COMMITMENT	PAIN			
DRIVE	LOSS	HONESTY					
ZEAL	LOSS	ATTITUDE					
DARING							
TEAM							

officeguycartoons.com  
GUY DOWNES ©

# How much work should students be doing?



15 hours of independent study is a core expectation in year 12.

As we approach exams this year, students should be achieving at least 20 hours of study outside of lessons.

# How can I help my child stay motivated?



Routine



Positive reinforcement and praise

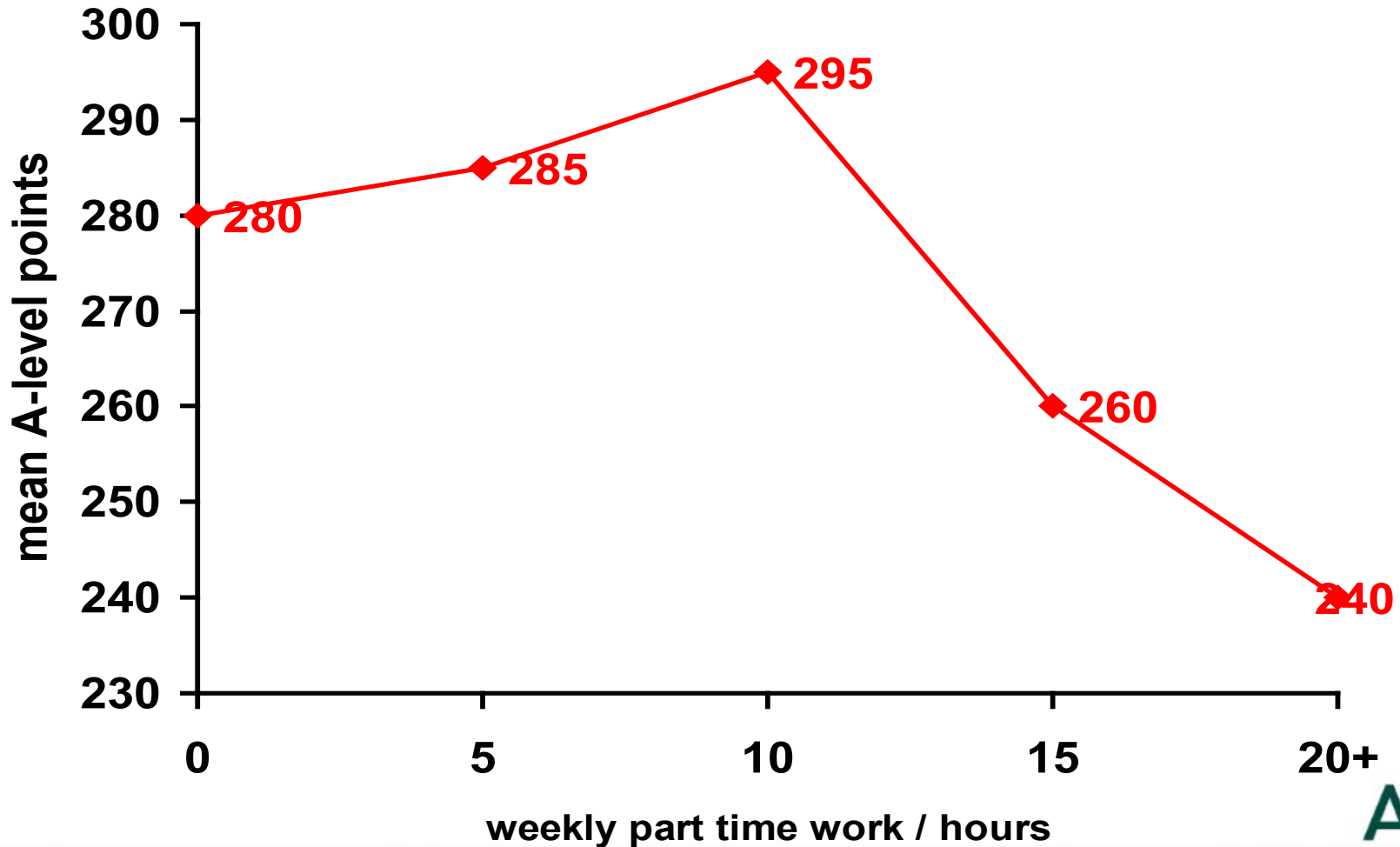


The end goal – university applicant days and offers, appointments with careers advisor



Reduce hours at part time job

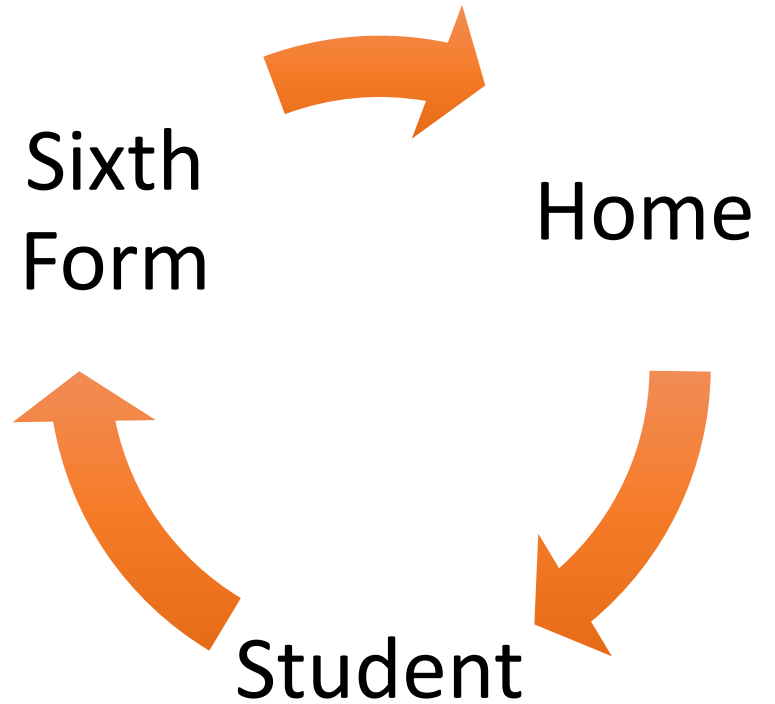
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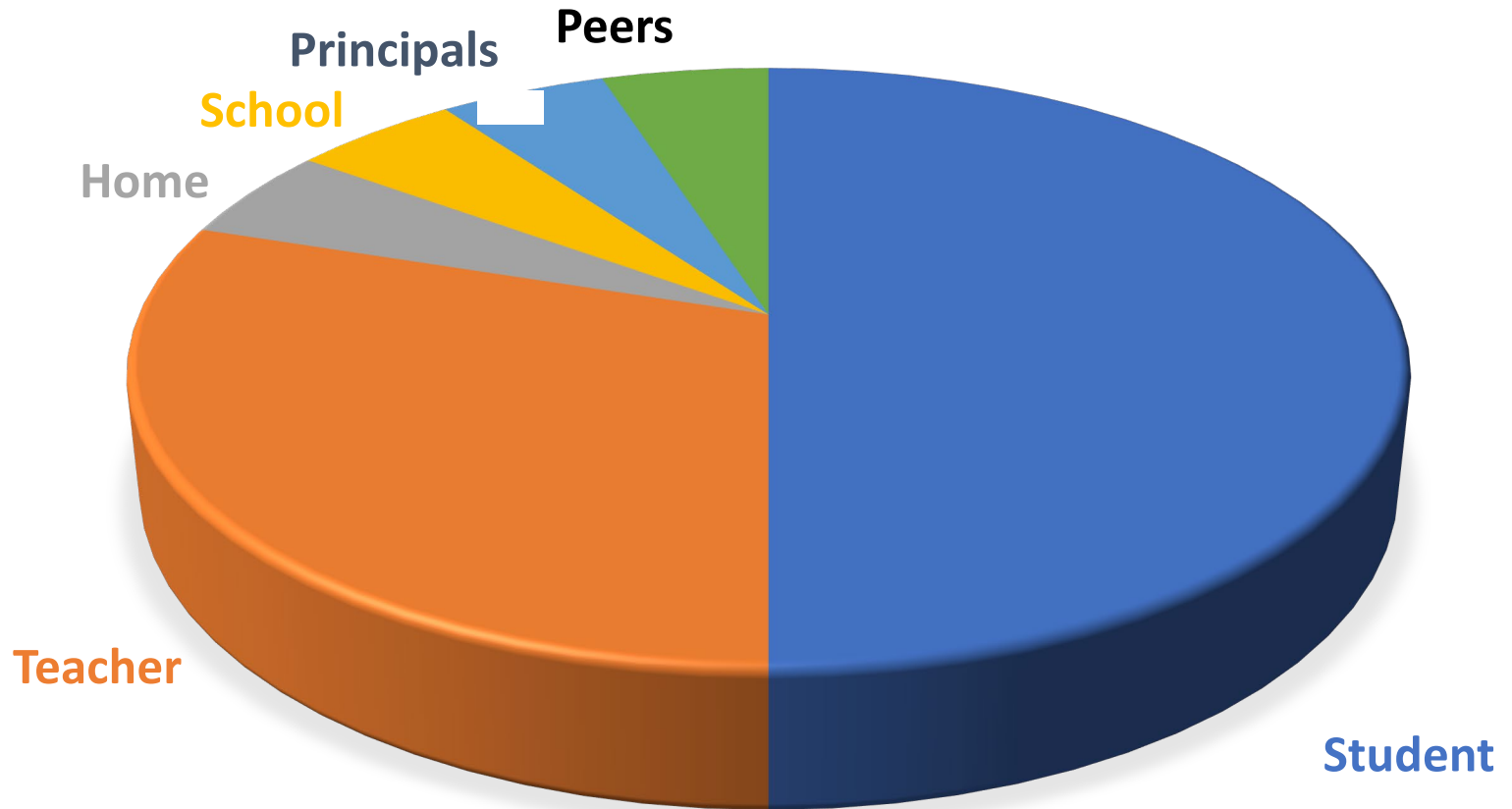


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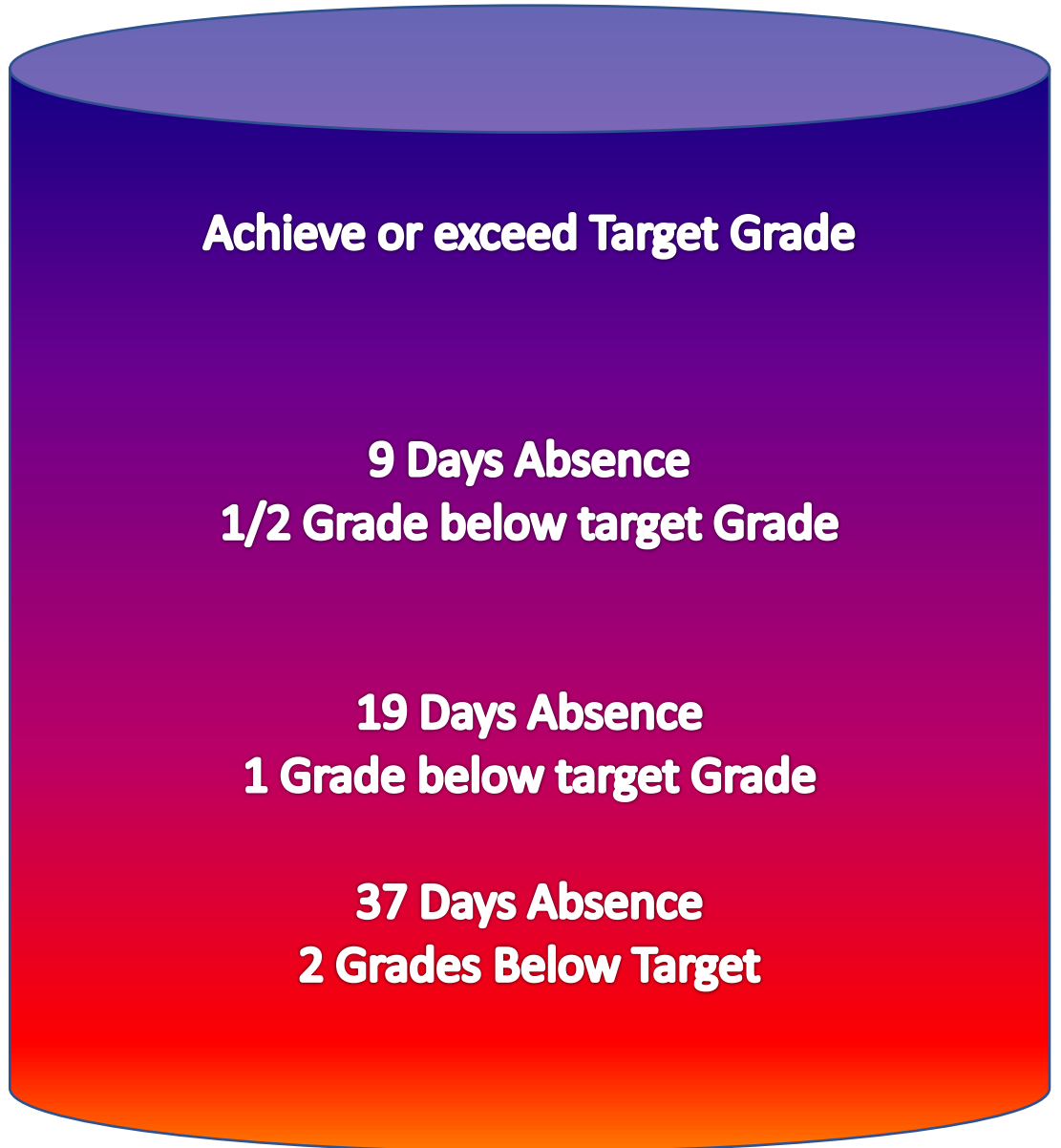
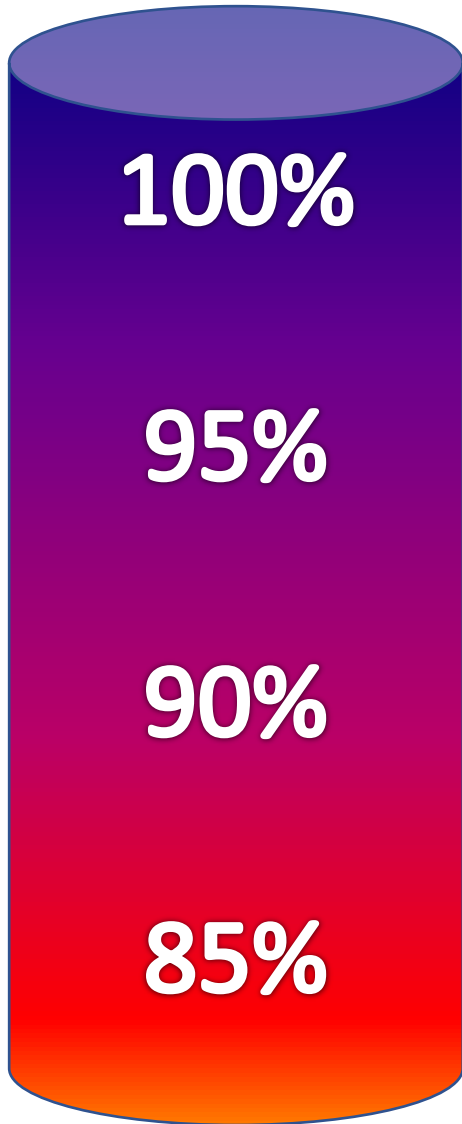
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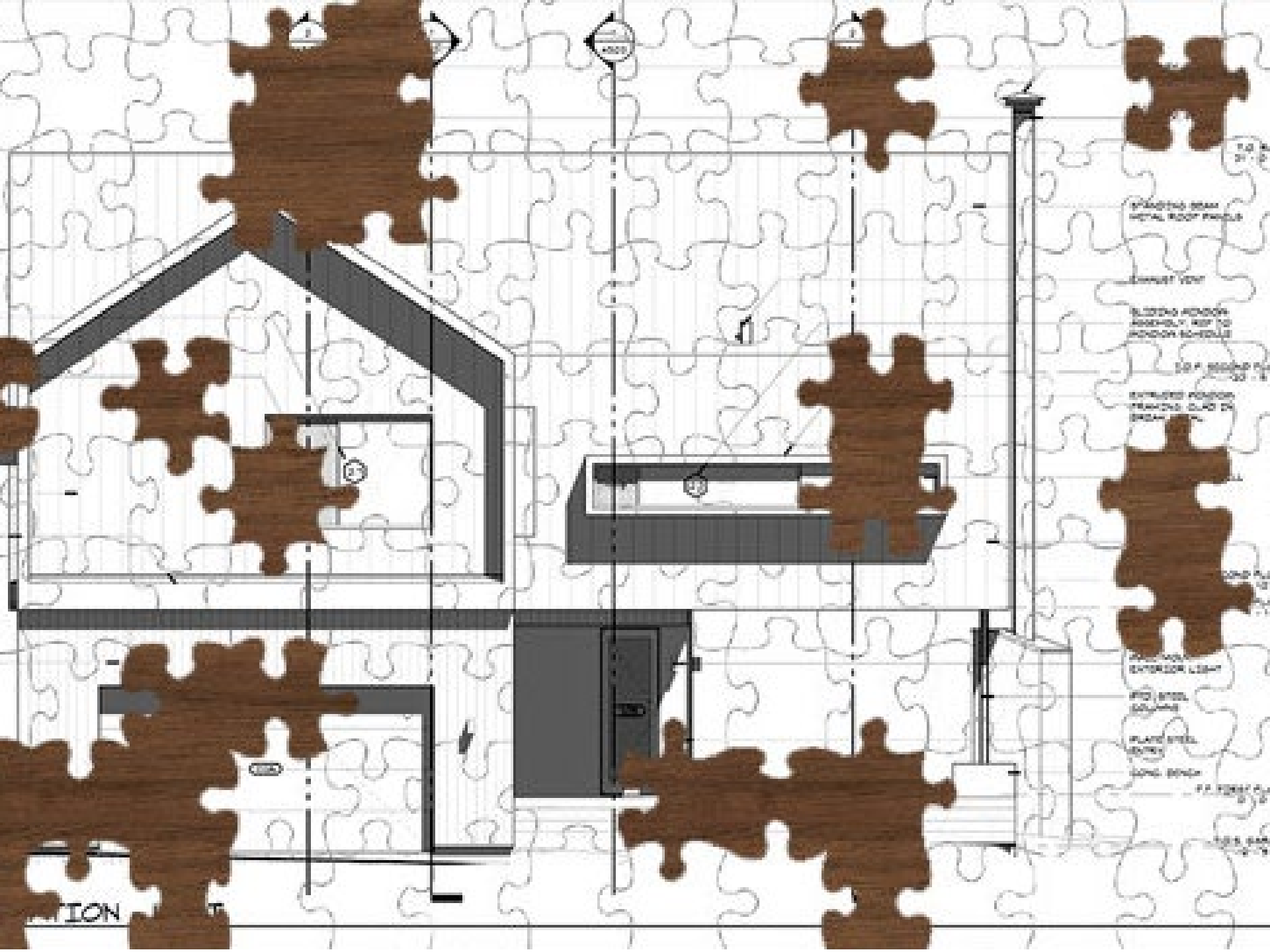


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PLUMB STEEL BRACE

COND. BRACE

4" P. FLOOR SLAB

1/2" P. GYPSUM BOARD

SECTION

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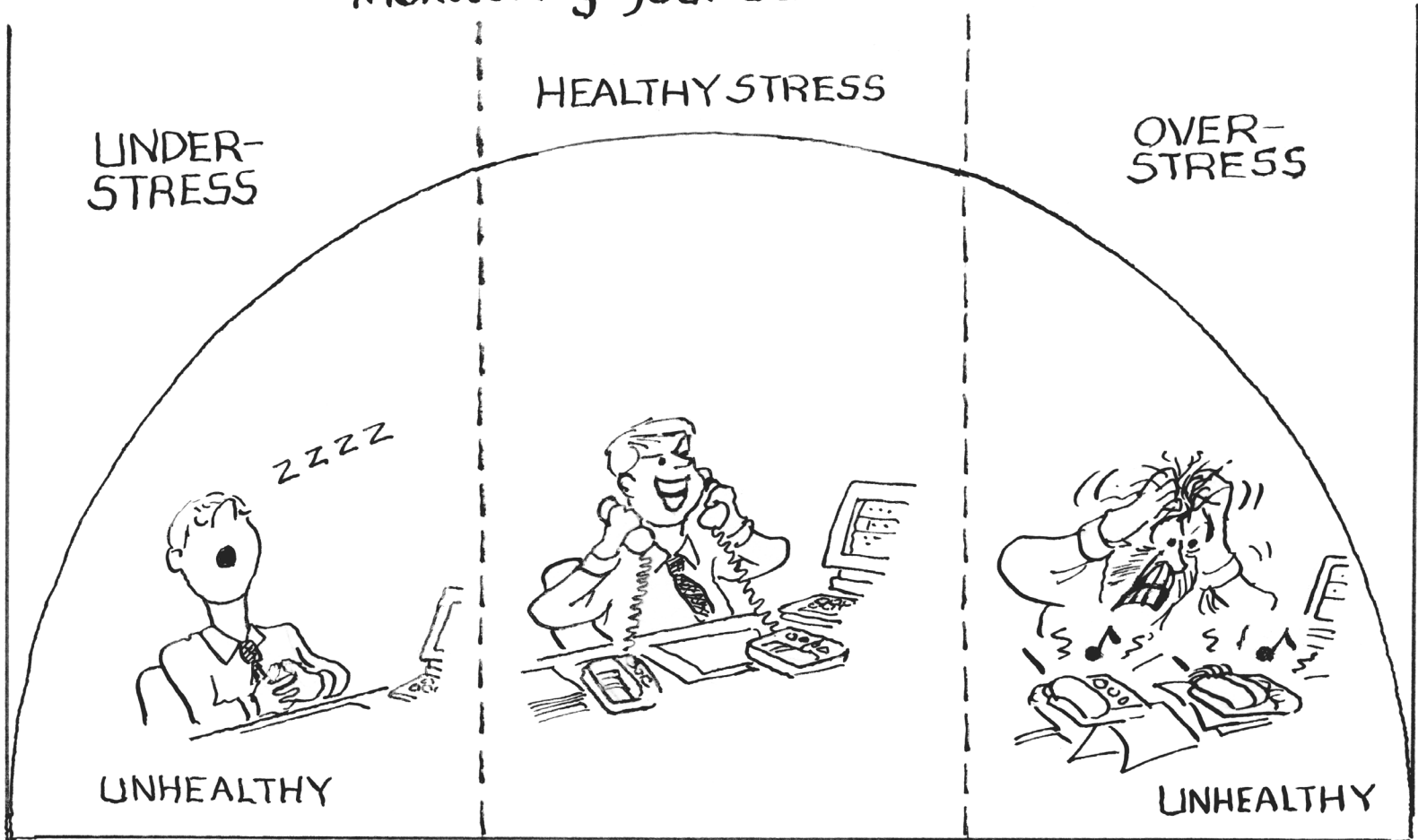
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UNHEALTHY

UNHEALTHY

LEVEL OF STRESS

PERFORMANCE



# Remember

- **Students should not feel alone**
- We are here to support students - don't be afraid to ask for help.



# Here to help

*In addition to the mentors*

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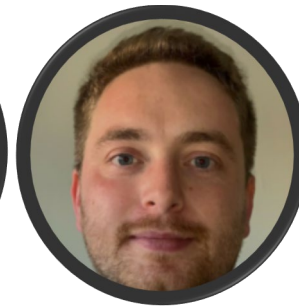
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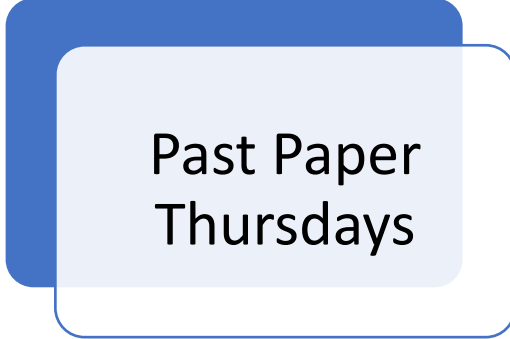
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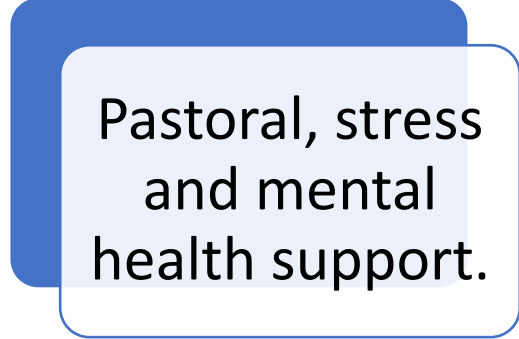
# How are the college supporting students?



3-5 study sessions



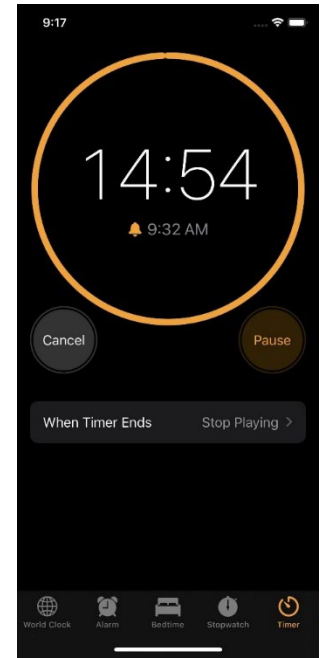
Past Paper Thursdays



Pastoral, stress and mental health support.

---

# 'The Pomodoro Method'



*There are six steps in the technique:*

1. Decide on the task to be done.
2. Set the Pomodoro timer (traditionally to 25 minutes).
3. Work on the task until the timer rings.
4. After the timer rings, put a checkmark on a piece of paper.
5. If you have fewer than four '25 minute sessions' take a short break (3–5 minutes), then go to step 2.
6. After four pomodoros, take a longer break (15–30 minutes), reset your timer to zero, then go to step 1.



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Future  
Focused

# Key Dates



- **First Year 13 report card - October**
- **Destination Workshops – 30<sup>th</sup> September students will be focussed on Personal Statements and applications in mentor.**
- **Year 13 mock exams – 11<sup>th</sup> – 18<sup>th</sup> November**
- **University application deadline: Friday 13<sup>th</sup> December**

Later in the year:

January 22<sup>nd</sup> Year 13 parents' evening

February Mocks

Public exams begin early May

Year 13 prom at the start of July

# Thinking of University?



We encourage all students to apply to university. It enables students to keep their options open, and avoids a last-minute application or disappointment.



All students will write a Personal Statement as part of their application.



The college deadline for university applications is Friday 8<sup>th</sup> December.



We encourage students to attend University Open Days where possible.

# Support at Shoreham Sixth Form:

## People who can support:

Mentors

Anne Hopkins

Irrum Magre

Billy Wood

Subject teachers

Sixth Form Team

*Applying to University and your Post-18 Options*

**The everything you need to know  
Shoreham Sixth Form  
Student Guide**

This booklet is made of two sections:

The first section is a collection of activities for you to complete in mentor time and at home to get you thinking about your future and the best route for you.

The second section gives you all the information that you need to apply for University or an Apprenticeship after college.

Name:

Mentor:

Mentor Group:



1

## Facilities to support:

UCAS student booklet

Unifrog

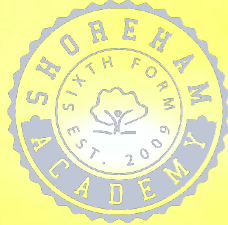
Work Experience Week

The Silent Study Room





Let's work together to support your child to  
work hard, in the right way to achieve the  
successful futures they deserve



Thank you



**ANY  
QUESTIONS?**